



**WHAT'S NEXT AT
MT. VERNON
"SECOND STEP"**

“What’s Next”

Second Step

We're glad you signed up! This class is the second of Mt. Vernon's four basic classes. Since these classes build on each other, you must take your "First Step" before taking this class.

THE PURPOSE OF THIS CLASS:

"... that you may stand firm in all the will of God, mature and fully assured." ____
Col. 4:12b

"Then we will no longer be infants, tossed back and forth by the waves, and blown here and there by every wind of teaching and by the cunning and craftiness of people in their deceitful scheming. ¹⁵ Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ.," Eph. 4:14-15

THE FOCUS OF THIS CLASS:

We will focus on the **Four Basic Habits** every Christian needs to develop in order to grow to spiritual maturity. This class will ...

- Equip you with the **skills** you need to begin these habits
- Explain the **tools** you need to continue these habits.

WHAT IS "SPIRITUAL MATURITY"?

"Until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ." Eph 4:13

Spiritual Maturity is _____

" For those God foreknew he also predestined to be conformed to the image of his Son, that he might be the firstborn among many brothers and sisters." Rom.8:29

FACTS ABOUT SPIRITUAL MATURITY

1. IT'S NOT AUTOMATIC

"In fact, though by this time you ought to be teachers, you need someone to teach you the elementary truths of God's word all over again. You need milk, not solid food! ¹³ Anyone who lives on milk, being still an infant, is not acquainted with the teaching about righteousness." Heb. 5:12-13

2. IT IS A PROCESS

" You who are simple, gain prudence; you who are foolish, set your hearts on it.." Prov. 8:5

"But grow in the grace and knowledge of our Lord and Savior Jesus Christ. To him be glory both now and forever! Amen."

2 Peter 3:18

3. IT TAKES DISCIPLINE

"Have nothing to do with godless myths and old wives' tales; rather, train yourself to be godly." 1Tim. 4:7

"Discipline yourself for the purpose of godliness."

UNDERSTANDING DISCIPLESHIP

1. Mature believers are called
2. I cannot be a disciple without being _____
3. The more disciplined I become _____
4. The mark of a disciple is__ _____

(Jesus) "Anyone who does not carry his cross and follow me cannot be my disciple." Luke 14:27

5. How often am I to do this?

(Jesus) "If anyone would come after me, he must deny himself, and take up his cross **daily**, and follow me." Luke 9:23

6. What is involved in "cross bearing"?

_____ to give Christ first place in my life!

FOUR HABITS OF A DISCIPLE

HOW CAN I BECOME A DISCIPLE? Develop _____

"... You have **put off the old self** with its **HABITS**, and have put on the new self ... which God is continually renewing in his own image, to bring you to a full knowledge of himself." Col. 3:9-10

1. TIME WITH GOD'S WORD

"If you **continue in my Word**, then you are my disciples indeed. And you will know the truth and the truth will set you free." _____ John 8:31-32

2. PRAYER

"If you remain in me and my words remain in you, ask whatever you wish, and it will be done for you. ⁸ This is to my Father's glory, that you bear much fruit, showing yourselves to be my disciples." John 15:7-8

3. TITHING

" In the same way, those of you who do not give up everything you have cannot be my disciples" Luke 14:33

" Eat the tithe of your grain, new wine and olive oil, and the firstborn of your herds and flocks in the presence of the Lord your God at the place he will choose as a dwelling for his Name, so that you may learn to revere the Lord your God always." Deut. 14:23

4. FELLOWSHIP

" A new command I give you: Love one another. As I have loved you, so you must love one another. ³⁵ By this everyone will know that you are my disciples, if you love one another." John 13:34-35

DEFINITIONS OF "HABIT": (Webster's II Dictionary)

"A continual, often unconscious inclination to do a certain activity, acquired through frequent repetition."

"An established disposition of the character."

"Sow a thought, reap an act.

Sow an act, reap a habit.

Sow a habit, reap a character.

Sow a character, reap a destiny."

"A customary practice"

CLASS OUTLINE

SESSION ONE:

- **Introduction: Spiritual Maturity and Habits**
- **How to Get A "Grasp" On Your Bible**
- **The Habit of A Daily Time With God**

SESSION TWO:

- **The Habit of Prayer: Talking with God**
- **The Habit of Tithing: Giving Back to God**
- **The Habit of Fellowship: Enjoying God's Family**
- **How To Start And Maintain Good Habits**

THE GOAL OF THIS CLASS

That I will _____ to the habits necessary for spiritual maturity.

"I am using an example from everyday life because of your human limitations. Just as you used to offer yourselves as slaves to impurity and to ever-increasing wickedness, so now offer yourselves as slaves to righteousness leading to holiness." Rom.6:19

“How to get a grasp on your Bible”

" All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, ¹⁷ so that the servant of God may be thoroughly equipped for every good work."

2 Tim 3:16-17

SIX WAYS TO GET A “GRASP” ON YOUR BIBLE

The Hand Illustration

On this page trace an outline of your own hand!

I. HOW TO HEAR GOD'S WORD

"Faith comes from **hearing** the Word of God." Rom. 10:17

Ways to Hear God's Word

- The Bible on tape
- Church services & studies
- Sermon tapes
- Radio/TV teachers

PROBLEM: We forget _____ % of what we hear after 72 hours.

HOW TO IMPROVE YOUR HEARING

1. Be ready and eager to hear God.

(Jesus) "*He who has ears to hear, let him hear!*" Luke 8:8

"*How sweet are your words to my taste, sweeter than honey to my mouth!*" Psalm 119:103

2. Deal with attitudes that prevent hearing God (Luke 8:4-15)

"*Consider carefully how you listen ...*" Luke 8:18

- **A Closed Mind:** Is fear, pride or bitterness preventing me from hearing God?
- **A Superficial Mind:** Am I really serious about wanting to hear God speak?
- **A Preoccupied Mind:** Am I too busy and concerned with other things to concentrate on what God has to say?

3. Confess any sin in your life.

"... *Get rid of all moral filth and humbly accept the Word...*"

James 1:21

4. Take notes on what you hear.

"*We must pay more **careful attention** to what we've heard, so that we do not drift away!*" Heb. 2:1

5. Act on what you hear!

"*Do not merely listen to the Word, and so deceive yourselves. **Do what it says!***" James 1:22

"*But whoever looks intently into the perfect law that gives freedom and continues in it—not forgetting what they have heard, but doing it—they will be blessed in what they do.*" James 1:25

II. HOW TO READ GOD'S WORD

"Blessed is the one who reads aloud the words of this prophecy and blessed are those who hear it and take to heart what is written in it, because the time is near." Rev. 1:3

How often should I read God's Word? _____

"It is to be with him, and he is to read it all the days of his life so that he may learn to revere the Lord his God and follow carefully all the words of this law and these decrees." Deut. 17:19

SUGGESTIONS

Read it systematically.

Bible without notes.

Read it in different translations.

For reading: Good News, Living Bible, Phillips

Read it aloud quietly to yourself.

Underline or color code key verses.

Choose a reading plan and stick with it.

If I read approximately _____ minutes a day, I can read through the Bible once a year.

A BIBLE READING PLAN THROUGH THE NEW TESTAMENT IN 30 DAYS

1. Matthew 1-9
2. Matthew 10-15
3. Matthew 16-22
4. Matthew 23-28
5. Mark 1-8
6. Mark 9-16
7. Luke 1-6
8. Luke 7-11
9. Luke 12-18
10. Luke 19-24
11. John 1-7
12. John 8-13
13. John 14-22
14. Acts 1-7
15. Acts 8-14
16. Acts 15-21
17. Acts 22-28
18. Romans 1-8
19. Romans 9-16
20. 1 Corinthians 1-9
21. 1 Corinthians 10-16
22. 2 Corinthians 1-13
23. Galatians - Ephesians
24. Philippians - 2 Thessalonians
25. 1 Timothy - Philemon
26. Hebrews
27. James - 2 Peter
28. 1 John - 3 John
29. Revelation 1-11
30. Revelation 12-22

III. HOW TO STUDY GOD'S WORD

"... they accepted the message eagerly and **studied the Scriptures everyday ...**" _ Acts 17:11

"Be a good workman ... **Know what His Word says and means.**" 2 Tim. 2:15

The difference between reading and studying the Bible is that you _____ when you study.

The secret of effective Bible study is knowing how to _____.

SUGGESTED RESOURCES FOR BIBLE STUDY

"Dynamic Bible Study Methods" By Rick Warren (Victor Books)

12 different methods are explained in simple step-by step instructions. (Tapes are also available)

Study Bibles:

- The Best Personal Study Bible:
"The Life Application Bible" (Tyndale)
- The Best Topical Study Bible:
"Thompson Chain Reference Bible - NIV (Kirkbride)
- The Best Background Study Bible:
"The NIV Study Bible" (Zondervan)
- The Best Doctrine Study Bible:
"The Disciples Study Bible" (Holman)

Bible Handbooks:

- **"Richard's Complete Handbook" (Word)**
- **"Haley's Bible Handbook" (Zondervan)**
- **"Eerdman's Bible Handbook" (Eerdmans)**

Other Important Study Tools:

**As many different translations as you can afford
(These can be purchased in parallel editions)**

A complete concordance to match your translation

A Bible on computer program such a "WordSearch" or "PCBible"

- **"The New Bible Dictionary" (Eerdmans)**
- **"The Baker Encyclopedia of the Bible" (Baker)**
- **"The New Bible Commentary" (Eerdmans)**
- **"The Moody Atlas of Bible Lands" (Moody)**

IV. HOW TO MEMORIZE GOD'S WORD

"Guard my words as your most precious possession. Write them down, and also keep them deep within your heart." Pr. 7:2-3

BENEFITS OF MEMORIZING SCRIPTURE

1. It helps me resist temptation.

"I have hidden your Word in my heart that I might not sin against you." Ps. 119:11

2. It helps me make wise decisions.

"Your Word is a lamp to guide me and a light for my path. Ps. 119:105

3. It strengthens me when I'm under stress.

"... Your promises to me are my hope. They give me strength in all my troubles; how they refresh and revive me!" Ps. 119:49d

4. It comforts me when I'm sad.

"Your words are what sustain me ... They bring joy to my sorrowing heart and delight me." Jer. 15:16

5. It helps me witness to unbelievers.

"Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have." 1 Peter 3:15

WHEN TO MEMORIZE A VERSE

- During your Quiet Time
- While Exercising
- While waiting (spare moments)
- At bedtime (Ps 63:6)

HOW TO MEMORIZE A VERSE

1. Pick a verse that speaks to you.
2. Say the reference **before and after** the verse.
3. Read the verse aloud many times. Record it!
4. Break the verse into natural phrases.
5. Emphasize key words when quoting the verse.
6. Write down the verse and erase a word one at a time.
7. Write out the verse on a flash card.
8. Carry some cards with you at all times for review.
9. Display your verses in prominent places.
10. Always memorize the verse word perfect.
11. Put the verse to music. Write a song!
12. Get a partner so you can check each other.

Suggested beginning rate: 2 new verses a week.

THREE KEYS TO MEMORIZING: _____, _____, and _____.

We remember what is _____.

"Your teachings are worth more to me than thousands of pieces of gold and silver." Ps 119:72

SCRIPTURE MEMORY COURSE

The following verses suggest a "balance" in Scripture Memory. The verses selected are key verses in understanding the foundations of the Christian Life and Christian Growth. Do not feel tied-down to this suggested list. This is only a tool to lead you in an understanding of the importance of memorizing "key" verses.

Live the New Life:

Christ the Center _____ II Cor. 5:17; Gal. 2:20
Obedience to Christ _____ Rom. 12:1; John 14:21
The Word _____ II Tim. 3:16; Josh. 1:8
Prayer _____ John 15:7; Phil. 4:6-7
Fellowship _____ Matt. 18:20; Heb. 10:24
Witnessing _____ Matt. 4:19; Rom. 1:16

Proclaim Christ:

All Have Sinned _____ Rom. 3:23; Isa. 53:6
Sin's Penalty _____ Rom. 6:23; Heb. 9:27
Christ Paid the Penalty _____ Rom. 5:8; I Peter 3:18
Salvation Not by Works _____ Eph. 2:8-9; Titus 3:5
Must Receive Christ _____ John 1:12; Rev. 3:20
Assurance of Salvation _____ I John 5:13; John 5:24

Rely on God's Resources:

His Spirit _____ I Cor. 3:16; I Cor. 2:12
His Strength _____ Isa. 41:10; Phil. 4:13
His Faithfulness _____ Lam. 3:22; Num. 23:19
His Peace _____ Isa. 26:3; I Peter 5:7
His Provision _____ Rom. 8:32; Phil 4:19
His Help in Temptation _____ Heb. 2:18; Ps. 119:9, 11

Be Christ's Disciple:

Put Christ First _____ Matt. 6:33; Luke 9:23
Separate from the World _____ I Jn. 2:15-16; Rom. 12:2
Be Steadfast _____ I Cor. 15:58; Heb. 12:3
Serve Others _____ Mark 10:45; II Cor. 4:5
Give Generously _____ Prv. 3:9-10; II Cor. 9:6-7
Develop World Vision _____ Acts 1:8; Matt. 28:19-20

Grow in Christ likeness:

Love _____ John 13:34-35; I Jn. 3:18
Humility _____ Phil. 2:3-4; I Peter 5:5-6
Purity Eph. 5:3; I Peter 2:11
Honesty _____ Lev. 19:11; Acts 24:16
Faith _____ Heb. 11:6; Rom. 4:20-21
Good Works _____ Gal. 6:9-10; Matt. 5:16

V. HOW TO MEDITATE ON GOD'S WORD

*"(Those) who are always **meditating** on His Laws ... are like trees along a riverbank bearing fruit ... they never wither and whatever they do prospers." Ps. 1:2-3*

Meditation is _____ about a Bible verse in order to discover how I can apply its truth to my own life.

WHY MEDITATE ON SCRIPTURE?

1. It is the key to becoming like Christ.

"... Your life is shaped by your thoughts." Pr. 4:23

*"... Be transformed by the **renewing** of your mind." Rom. 12:2*

*"As we ... **contemplate** the Lord's glory, we are being transformed into His likeness ..." 1 Cor. 3:18*

2. It is the key to answered prayer.

*"If you live your life in Me, and my words live in your hearts, **you can ask for whatever you like**, and it will come true for you." John 15:7*

3. It is the key to successful living.

"... Meditate on (the Word) day and night, so you may be careful to do everything written in it. Then you will be prosperous and successful." Joshua 1:8

SIX WAYS TO MEDITATE ON A VERSE

1. **Picture it!** Visualize the scene in your mind.
2. **Pronounce it!** Say the verse aloud, each time emphasizing a different word.
3. **Paraphrase it!** Rewrite the verse in your own words.
4. **Personalize it!** Replace the pronouns or people in the verse with your own name.
5. **Pray it!** Turn the verse into a prayer and say it back to God.
6. **Probe it!** Ask the following nine questions:

S.P.A.C.E.P.E.T.S. Questions

Is there any ...

SIN TO CONFESS?

PROMISE TO CLAIM?

ATTITUDE TO CHANGE?

COMMAND TO KEEP?

EXAMPLE TO FOLLOW?

PRAYER TO PRAY?

ERROR TO AVOID?

TRUTH TO BELIEVE?

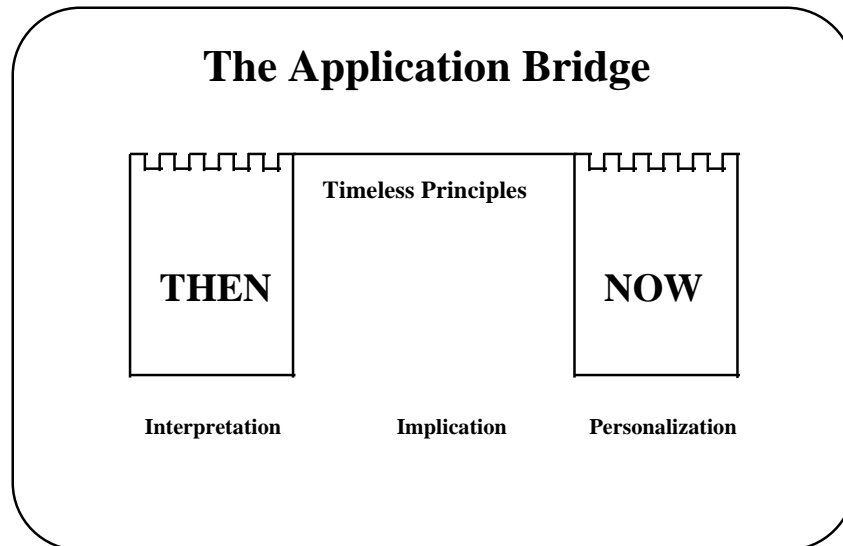
SOMETHING TO THANK GOD FOR?

VI. HOW TO APPLY GOD'S WORD

"Do not fool yourselves by just listening to the Word. Instead, put it into practice." James 1:22

"... Whoever practices and teaches these commands will be called great in the kingdom of heaven." Matt. 5:19

HOW TO APPLY SCRIPTURE



1st ask: What did it mean to the original hearers?

2nd ask: What is the underlying timeless principle?

3rd ask: Where or how could I practice that principle?

Write out a sentence that describes a project or action you will take to apply the truth.

4 Marks of A Good Application Project

1. It's **PERSONAL**
2. It's **PRACTICAL**
3. It's **POSSIBLE**
4. It's **PROVABLE**

"Now that you know these things - do them! That is the path of blessing!" John 13:17 (LB)

“The Habit of a Daily Time with God”

" But whoever looks intently into the perfect law that gives freedom, and continues in it—not forgetting what they have heard, but doing it—they will be blessed in what they do." James 1:25

HOW TO HAVE A QUIET TIME

DEFINITION: "A quiet time is a daily time I set aside to be alone with God to get to know Him through the Bible and prayer."

I. THE IMPORTANCE OF A DAILY QUIET TIME

Your time alone with God should be the top priority in your schedule for five reasons:

1. We were _____ to have fellowship with God.

"So, God created man in his own image ..." Gen. 1:27, 2:7, 3:8

"Look! I've been standing at the door and constantly knocking. If anyone ... opens the door, I will come in and fellowship with him and he with me." Rev. 3:20

2. Jesus _____ to make a relationship to God possible.

"God ... has invited you into this wonderful friendship with his Son, Christ our Lord." 1 Cor. 1:9

3. Personal time alone with God was Jesus' _____.

Mark 1:35, Luke 22:39, Luke 5:16

*"Jesus **often** withdrew to lonely places and prayed."*

4. Every person who has been effective in _____ for God developed this habit.

Abraham, Moses, David, Daniel, Paul, etc.

5. You cannot be a _____ Christian without it!

"Man cannot live on bread alone but on every word that God speaks." Matt. 4:4

"... I have treasured the words of His mouth more than my necessary food." Job 23:12

"How can a young man cleanse his way? By keeping to your Word." Ps. 119:9

II. THE PURPOSE OF A DAILY QUIET TIME

1. TO GIVE _____ TO GOD.

"Give to the Lord the glory due to his name. Worship the Lord in the splendor of his holiness." Ps. 29:2

"(Hezekiah) was successful, because everything he did ... he did in **a spirit of complete devotion** to his God." 2 Ch. 31:21

God deserves our devotion! (Rev. 4:11)

God desires our devotion! (John 4:23)

2. TO GET _____ FROM GOD.

"Show me the path where I should go, O Lord; point out the right road for me to walk. Lead me ..." Ps. 25:4

2 Things To Do In A Quiet Time

Consider your way: "Ponder the path of your feet and let all your ways be established." Pr. 4:26

"In all your ways acknowledge Him, and he will direct your paths." Pr. 3:6

Commit your day: "Commit everything you do to the Lord. Trust him to help you do it and he will." Ps. 37:5

3. TO GAIN _____ IN GOD.

"Delight yourself in the Lord; and he will give you the desires of your heart." Ps. 37:4

"... (God's) presence fills me with joy and brings me pleasure." Ps. 16:11

FACT: The better I get to know Christ, the more _____.

*The objective of your Quiet Time is not to study **about** Christ, but to actually spend time with him!*

4. TO GROW _____ LIKE GOD.

"Jesus has the power of God, by which he has given us everything we need to live and to serve God. We have these things because we know him.... With these gifts you can share in being like God" 2 Pet 1:4

"When the council saw the boldness of Peter and John ... they were amazed and realized **what being with Jesus had done for them!**" Acts 4:13

HOW TO BEGIN A DAILY QUIET TIME

1. SELECT A SPECIFIC TIME.

The best time to have a quiet time is when I am _____!

Reasons for considering an early morning quiet time:

1. **The example of Bible character.**
(Abraham, Jacob, Moses, Hannah, Job, Hezekiah, David, Daniel, Jesus.)
2. **It seems logical to begin the day with it.**
” The best time to tune your instrument is before you play the concert, not after!”
3. **It demonstrates that meeting with God is your first priority. You give him the first part of your day!**
4. **You are likely to be more rested, your mind is less cluttered, and it’s often the quietest time!**

Whatever time you set, _____.

HOW LONG SHOULD A QUIET TIME BE:

3 Guidelines

1. CHOOSE A SPECIAL Time.

Start with 15 minutes and let it grow. Don't watch the clock! Emphasize quality, not quantity!

2. CHOOSE A SPECIAL PLACE.

"Jesus left the city and went, as he usually did, to the Mount of Olives ... to pray." Luke 22:39

The Important Factor:

*"Very early in the morning, while it was still dark, Jesus got up, left the house and went to a **solitary place**, where he prayed."* Mark 1:35

3. GATHER THE RESOURCES YOU'LL NEED.

1. A Bible - with readable print.
2. A Notebook - to write down what the Lord speaks to you about, and to keep your prayer list.
3. A Songbook - if you want to sing.

4. BEGIN WITH THE RIGHT ATTITUDES

"Be still and know that I am God." Ps. 46:10

"Open my eyes to see wonderful things in your Word." Ps. 119:18

"The thing you should want most is God's kingdom and doing what God wants" Mat 6:33

5. FOLLOW A SIMPLE PLAN

"FIFTEEN MINUTES WITH GOD"
(A Plan To Get You Started)

1. _____ . (1 Minute)

Be still and quiet! Slow down! Prepare your heart. Take a few deep breath and wait on God.

2. _____ . (4 Minutes)

See the section on "How To Read God's Word".

Begin reading where you left off the day before. Read until you feel God has told you something. Then stop and think about it.

3. _____ . (4 Minutes)

See the section on "How To Meditate on God's Word".

You may use the S.P.A.C.E.P.E.T.S. or any of the 6 methods of meditation. Think about what the passage means to your life. Write down your thoughts. Part of reflecting is *memorizing* verses that speak to you in a special way.

See the section on: "How To Memorize God's Word".

4. _____ . (2 Minutes)

See the section on "How To Apply God's Word".

Write out a personal application statement that is practical, passable, and measurable.

"Thoughts disentangle themselves when they pass through the lips and the fingertips."

5. _____ . (4 Minutes)

See the section on "The Habit of Prayer". Conclude our Quiet Time by talking to God about what He has shown you and making your requests from our prayer list.

III. HOW TO OVERCOME THE PROBLEMS WITH YOUR QUIET TIME

1. THE PROBLEM OF DISCIPLINE

Your first problem in establishing a quiet time will face you the moment you wake each morning: Am I going to get out of bed? (*"The Battle of the Blankets"*)

Suggestions

1. Go to bed _____.
2. Get up _____.
3. Be aware of quiet time _____.
4. Fall asleep thinking _____.

2. THE PROBLEM OF DISTRACTIONS

Satan will try to use anything to get your mind to wander during a quiet time.

Suggestions

- Get out of _____.
- Get thoroughly _____.
- Read and pray _____.
- _____ during your prayer time.
- Keep a _____.

3. THE PROBLEM OF DRYNESS

Sometimes you will feel like you're not getting anything out of your quiet time. (*"The Battle of the Blahs"*)

Never judge your quiet time by your _____.

Possible Causes of Spiritual Dryness

1. Your physical condition.
2. Disobedience to God.
3. Rushing your quiet time.
4. Getting in a rut.
5. Not sharing insights with others.

4. THE PROBLEM OF DILIGENCE

Your greatest problem will be your struggle to stay consistent. I find Satan fights nothing harder than my quiet time.

Suggestions

1. Make a covenant or vow to God.
2. Schedule it on your daily calendar.
3. Be prepared for Satan's excuses.
4. Leave your Bible open at night to the passage for the next day!

What if I miss a day?

Don't _____.

Don't _____.

Don't _____.

It takes _____ weeks for you to become familiar with a new task. Then it takes another _____ weeks before it becomes a comfortable habit.

"Let us not get tired of doing what is right, for after a while we will reap a harvest of blessing if we don't get discouraged and give up." Gal. 6:9

A PRAYER OF COMMITMENT

"Father, I realize that I was created to have fellowship with you. Thank you for making this privilege possible through Jesus' death. I know that daily fellowship with You is to be the most important thing in my life. I now want to commit myself to spending at least some time every day with you in a quiet time of Bible reading and prayer. I'm trusting in your strength to help me be consistent. In Jesus' name, Amen."

“The Habit of Talking with God”

" Be joyful in hope, patient in affliction, faithful in prayer."

Rom. 12:12

HOW TO REVITALIZE YOUR PRAYER LIFE

I. APPROACH PRAYER WITH THE RIGHT ATTITUDE.

_____ (*Matthew 6:5-8*)

●BE _____

"When you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by men." (vs. 5)

Don't try to _____ Don't try to _____
--

●BE _____

"But when you pray go into your room, close the door and pray to your Father who is unseen. Then your Father, who sees what is done in secret, will reward you." (vs. 6)

●BE _____

"Don't recite the same prayer over and over as the heathen do, who think prayers are answered only be repeating them again and again. Remember, you Father knows exactly what you need before you ask Him! (vs. 7-8)

II. USE THE MODEL JESUS GAVE US

*Matt. 6:9-15 "This, then, is **HOW** you should pray ..."*

THE SIX PARTS OF PRAYER

1. PRAISE: I BEGIN BY _____

"Our Father in heaven, hallowed be your name ..."

TWO KINDS OF PRAISE:

- "ADORATION" - Praising God for *who he is*.
- "THANKSGIVING"- Praising God for *what he has done*.

*"Enter into his gates with thanksgiving, and into his courts with praise. Be **thankful** unto him and **bless his name**." Ps. 100:4*

HOW TO PRAISE GOD:

1st: As you read your Bible, make a list of God's character qualities that you discover and then review them when you pray. (See *Prayer Guide 1*)

	Examples:
God is patient	Num. 14:18
God is merciful	Num. 14:18
God is forgiving	Num. 14.18
God knows everything	1 Sam. 2:2
God is loving	1 John 4:8

KEY: _____ is the basis for our boldness in making requests in prayer. God answers the prayers that acknowledge who he is!

2nd: Remind yourself and affirm the promises God has made that are contained in the meaning of his names. (See *Prayer Guide 2*)

3rd: Make a list of all that you are thankful for and review them when you pray. (See *Prayer Guide 3*)

2. PURPOSE: I COMMIT MYSELF _____

"Your kingdom come, your will be done, on earth as it is in heaven ..."

Pray for God's will to be done ... in my family ... my church ... my ministry ... my job ... my future ... my city ... the nation ... the world.

"Offer yourself as a living sacrifice to God, dedicated to his Service and pleasing to him. This is the true worship that you should offer." Rom. 12:2

3. PROVISION: I ASK GOD TO _____

*"Give us today our **daily** bread ..."*

What needs can I pray about? _____!

*"God will supply **all** your needs from his riches in glory because of what Christ Jesus has done for us." Phil. 4:19*

"Since God did not spare even his own Son for us but gave him up for us, won't he also surely give us everything else?" Rom. 8:32

"You do not have ... because you don't ask God!" James 4:2

THE KEY: _____

Write down your requests, with a promise you are claiming from the Bible, and expect an answer!
(See *Prayer Guide 4*)

"Don't worry about anything, but in everything, by pray and petition with thanksgiving, present your requests to God." Phil. 4:6

4. PARDON: I ASK GOD TO _____.

"Forgive us our debts ..."

4 Steps to Forgiveness

1. Ask the Holy Spirit _____ every sin

"Examine me, O God, and know my mind; test me, and discover my thoughts. Find out if there is any evil in me". Ps. 139:23-24

2. Confess each sin _____.

"You will never succeed in life if you try to hide your sins. Confess them and give them up; then God will show mercy to you." Prov. 28:13

3. Make _____ to others when necessary.

"When you remember your brother has something against you ... go at once to make peace with him, then come back and offer your gift to God. Matt. 5:23-24

4. By Faith, _____ God's Forgiveness.

"If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness." 1 John 1:9

5. PEOPLE: I PRAY FOR _____.

"... as we have also forgive our debtors."

"Pray much for others; plead for God's mercy upon them; give thanks for all he is going to do for them. 1 Tim. 2:1

If you want to know how to pray for others ...

_____ Eph. 1:15-19, Col. 1:3-12, 1 Th. 1:2-3, 2 Th. 1:11-12

Make a prayer list of people you want to pray for. You might pray for different people on different days of the week. (See Prayer Guide #5)

6. PROTECTION: I ASK FOR _____.

"And lead us not into temptation but deliver us from the evil one." _____ (vs. 13)

Believers face a spiritual battle everyday. Satan wants to defeat you through temptation and fear. By praying for protection, you will have the confidence to face every situation during the day.

"The Spirit, who is in you, is more powerful than the spirit who is in those who belong to the world." 1 John 4:4

PRAYER GUIDE 1

CHARACTER TRAITS OF GOD

Faithful	II Cor. 1:20
Righteous	II Tim. 4:8
The Light	John 8:12

PRAYER GUIDE 2

THE NAMES OF GOD

Did you know that God has several names? They are all in the Bible and each name describes a facet of his character. You can take each of these 8 names and focus individually on what God is really like! Pray the names of God as affirmations of praise!

8 HEBREW NAMES OF GOD - DECLARE WHO GOD IS

Jehovah-Shammah- "God is Present with me" (Ezekial 48:35)
You are here! I am never alone!

Jehovah-Rohi- "God is my Shepherd" (Psalm 23:1)
You lead me and feed me and protect me!

Jehovah-Jireh- "God is my Provider" (Gen. 22:14)
You see what I need before I even ask!

Jehovah-Rophe- "God is my Healer" (Exodus 15:26)
You can heal my body, emotions, and relationships!

Jehovah-Tsidkenu- "God is my Righteousness" (Jer. 23:6)
You accept me and forgive me because of Jesus!

Jehovah-M'Kiddish- "God is my Sanctification" (Lev. 20:8)
You make me holy and like Jesus!

Jehovah-Shalom- "God is my Peace" (Judges 6:24)
You give me peace in spite of circumstances!

Jehovah-Nissi- "God is my Banner" (Exodus 17:15)
You are my victory in conflict and confrontation!

Think on the implications of these names and you'll have plenty to praise God for!

PRAYER GUIDE 3

MY THANKSGIVING LIST

PRAYER GUIDE 4

MY PERSONAL REQUESTS

Date	Request	Promise	Date Answered
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PRAYER GUIDE 5

PEOPLE I'M PRAYING FOR

Family _____

Christian Friends _____

Friends I'd like to see become Christians _____

Spiritual Leaders _____

Government Leaders _____

Others _____

“The Habit of Tithing”

" On the first day of every week, each one of you should set aside a sum of money in keeping with your income, saving it up, so that when I come no collections will have to be made.."

1 Cor. 16:2

HOW MY GIVING REVEALS MY SPIRITUAL MATURITY

"Just as you excel in everything else... in faith, in speech, in knowledge, in complete earnestness... see that you also excel in the grace of giving." 2 Cor. 8:7

WHY GOD WANTS ME TO GIVE

7 Benefits to My Life

1. GIVING MAKES ME _____.

God so loved the world that He gave his only Son ..." John 3:16

2. GIVING DRAWS ME _____.

"Where your treasure is, there your heart is also." Matt.6:21

3. GIVING IS THE ANTIDOTE TO _____.

"Command those who are rich in this present world not to be arrogant nor to put hope in wealth, which is so uncertain, but to put their hope in God, who richly provides us with everything for our enjoyment. Command them to be generous and willing to share. In this way they may take hold of the life that is truly Life!" 1Tim. 6:17-19

4. GIVING STRENGTHENS _____.

"Trust in the Lord with all your heart and lean not on your own understanding. Honor the Lord by giving him the first part of your income, and he will fill your barns to overflowing." Prov.3:5,9

"Give and it will be given to you ... For with the measure you use, it will be measured back to you." Luke 6:38

5. GIVING IS AN INVESTMENT _____.

"... Give happily to those in need, and always be ready to share whatever God has given you. By doing this, you will be storing up real treasure for yourselves in heaven - it is the only safe investment for eternity." 1 Tim 6:18-19

6. GIVING BLESSES ME _____.

"A generous man himself will be blessed." Prov. 22:9

"A generous man will prosper; he who refreshes others will himself be refreshed." Prov.11:25

"Good will come to him who is generous ..." Ps. 112:5

7. GIVING _____.

(Jesus) *"There is more happiness in giving than in receiving."* Acts 20:35

“WHAT THE BIBLE TEACHES ABOUT TITHING”

WHAT IS TITHING?

"Tithe" means "a _____ part"

WHAT IS THE DIFFERENCE BETWEEN A "TITHE" AND AN "OFFERING"?

- A “tithe” is giving _____ of my income.
- An “offering” is anything I give _____-my tithe.

WHY SHOULD I TITHE? 8 REASONS FROM GOD'S WORD

1. Because God _____.

"A tenth of all you produce is the Lord's, and it is holy." Lev. 27:30

2. Because Jesus _____.

"Yes, you should tithe, and you shouldn't leave the more important things undone either." Matt. 23:23

3. Tithing demonstrates that God has _____.

"The purpose of tithing is to teach you to always put God in first place in your life." Deut. 14:23

4. Tithing reminds me that _____ was given to me by God!

"Always remember that it is the Lord your God who gives you the ability to produce wealth." Deut. 8:18

5. Tithing expresses my _____.

"How can I repay the Lord for all his goodness to me?" Ps. 116:12

"Each of you should bring a gift in proportion to the way the Lord your God has blessed you." Deut.. 16:17

6. God says that refusing to tithe is _____ from Him!

*"God says 'Will a man rob God? Yet you are robbing me!' But you ask, 'How do we rob you?' God says 'In tithes and offerings ... Bring your **whole** tithe to My house.'" Mal. 3:8-10*

7. Tithing gives God a chance to prove _____ and wants to bless you!

*"Bring your whole tithe to My storehouse. **Test me in this**" says the Lord, "and see if I will not throw open the floodgates of heaven and pour out **so much blessing** that you won't have room enough for it! I will prevent pests from devouring your crops and the vines in your fields will be protected from plagues." _____ Mal. 3:10*

8. Tithing proves that I _____.

(Jesus) "If you really love me, do what I command." John 14:15

"... I want you to be leaders also in the spirit of cheerful giving ... This is one way to prove that your love is real, that it goes beyond mere words." _____ 2 Cor. 8:7b - 8

WHAT SHOULD I TITHE?

The _____ part of what I earn, not the _____.

WHERE SHOULD I GIVE MY TITHE?

WHERE I _____.

*"Bring your **whole** tithe to My Storehouse (Temple) ..." Mal. 3:10*

WHEN SHOULD I TITHE? _____.

"On the first day of every week, set aside some of what you have earned and give it as an offering. The amount depends on how much the Lord has helped you earn." 1 Cor. 16:2

How To Remember

- Keep a Ledger Book - Acct. #1: My Tithe
- Use weekly envelopes
- Teach your children to tithe

GIVING WITH THE RIGHT ATTITUDES

•GIVE _____.

"For if the willingness is there, your gift is acceptable according to what you have, not according to what you don't have." 2Cor.9:12

*"Each one should give **what he has decided in his heart to give**, not reluctantly or under pressure ..." 1 Cor. 9:7a*

•GIVE _____.

"... for God loves a cheerful giver!" 2 Cor. 9:7

•GIVE _____.

*"They gave as much as they were able, and even **beyond their ability**. Entirely on their own, they urgently pleaded with us for the privilege of sharing in this service ..." 2 Cor. 8:3-4*

•GIVE _____.

"Remember this: Whoever sows sparingly will also reap sparingly; and whoever sows generously will reap generously." 2 Cor. 9:6

THE KEY TO GIVING

" ...THEY FIRST GAVE THEMSELVES TO THE LORD ... " 2 Cor. 8:5

A COMMITMENT PRAYER

"Father, I know you love me and want what's best for me. I recognize that all I have, or will ever have, comes from you. I am more interested in pleasing you than in having more possessions. I want you to have first place in my life and I am willing to begin tithing as you have commanded. Out of gratitude for all you've done for me, and in expectation that you will continue to provide for me, I commit myself to returning at least the first 10% of all I earn back to you. I want to begin investing for eternity. Help me to remain faithful to this commitment. In Jesus' name, Amen."

“The Habit of Fellowship”

"not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching."

Heb. 10:25

WHY IS FELLOWSHIP SO IMPORTANT?

1. I _____ IN GOD'S FAMILY WITH OTHER BELIEVERS.

*"Let us do good to all people, especially to those who **belong to the family of believers.**" Gal. 6:10*

"The Christian who is not committed to a group of other believers for praying, sharing, and serving, so that he is known, as he knows others, is not an obedient Christian. He is not in the will of God. However vocal he may be in his theology, he is not obeying the Lord." ___ Dr.Ray Ortland

*"You are a member of God's very own family ... and **you belong** in God's household with every other Christian." Eph. 2:19*

*"So in Christ, we who are many form one body, and each member **belongs** to all the others!" Rom. 12:5*

2. I NEED _____ TO GROW SPIRITUALLY.

"Let us think of one another and how we can encourage each other to love and do good deeds." Heb. 10:24

"Two are better off than one ... If one of them falls down, the other can help him up. But if someone is alone and falls, it's just too bad, because there is no one to help him ... Two men can resist an attack that would defeat one man alone. A rope made of three cords is hard to break." Eccl. 4:9-10,12

3. I NEED _____ TO GROW SPIRITUALLY

"People learn from one another just as iron sharpens iron." Pr. 27:17

"Every day ... keep encouraging one another so that none of you is hardened by the glamour of sin." Heb. 3:13

*"Brothers, if someone is trapped in some sin, you who are spiritual should **restore** him gently ... Carry each other's burdens, and in this way you will fulfill the law of Christ. Gal. 6:1-2*

4. CHRIST IS _____ WHEN WE FELLOWSHIP TOGETHER.

"For wherever two or three have come together in my name, I am there, right among them!" Matt 18:20

5. THERE IS _____ WHEN PEOPLE PRAY TOGETHER.

"Whenever two of you on earth agree about anything you pray for, it will be done for you by my Father in heaven." Matt. 18:19

6. FELLOWSHIP IS A _____ TO THE _____ WORLD.

(Jesus) *"My prayer for all of them is that they will be of one heart and mind .. so the world will believe you sent me." John 17:21*

7. I AM _____ TO EVERY OTHER CHRISTIAN

"God has given you some special abilities; be sure to use them to help each other ..." 1 Peter 4:10

*There are different kinds of service to God ... together you form the body of Christ and each one of you is a **necessary part of it.**" 1 Cor. 12:5, 27*

The "One Another's" of Fellowship

(Partial List)

Serve one another	_	Gal. 5:13	Honor one another	_____	Rom. 12:10
Accept one another	_	Rom 15:7	Be devoted to one another	Rom. 12:10	
Forgive one another	_	Col. 3:13	Teach one another	_____	Rom 15:14
Greet one another	_	Rom. 16:16	Submit to one another	___	Eph. 5:21
Bear one another's burdens		Gal. 6:2	_____	Encourage one another	1

Thess. 5:11

HOW CAN A LARGE CHURCH MAINTAIN CLOSE FRIENDSHIPS?

EVERY MEMBER NEEDS TO BE A PART OF A _____.

"(They met) day after day, in the Temple courts and from house to house." Acts 5:42

2 Types of Church Meetings

Large Group:

Small Group:

"Greet the church that meets in their home." Rom. 16:5

Also Acts 2:26, 8:3, 16:40, 20:20, 1 Cor.. 16:19, Col. 4:15

At Mt Vernon, we believe our church must ...

grow _____ and _____ at the same time.

WHAT IS THE PURPOSE OF OUR SMALL GROUPS?

Acts 2:42-47

1. _____

"They DEVOTED THEMSELVES to the apostle's teaching..."

2. _____

"...and to the fellowship ..."

3. _____

"... and to the breaking of bread ..."

4. _____

"... and to prayer ..." "OUR FATHER ... give US ... OUR daily bread ... forgive US ... OUR ... debts ... as WE have forgiven OUR debtors ... lead US not into temptation ... deliver US ..." Matt 6:9-13

5. _____

"... they gave to anyone as he had a need ..."

"... you shared with me the fellowship of giving and receiving." Phil. 4:15

6. _____

"... they ate together with glad and sincere hearts ..."

"Get into the habit of inviting guests home for dinner or if they need lodging, for the night." Rom. 12:13

7. _____

"... praising God and enjoying the favor of all the people."

8. _____

"And the Lord added to their number daily those who were being saved."

“HOW TO START AND MAINTAIN GOOD HABITS”

STEP ONE: _____.

You must start with a strong desire. You must be internally motivated. External motivations don't last. If you start only half-heartedly, you will never make it to the success point.

STEP TWO: _____.

Begin right now! Don't wait. Don't procrastinate. You don't slide into a new habit. "One of these days" never arrives. You must have a starting point. It's easier to break a bad habit today than it will be tomorrow!

"If you wait for perfect conditions, you will never get anything done." Eccl. 11:4

STEP THREE: _____.

Announce your intentions publicly. Make a covenant or resolution. The power of a vow is awesome. It is particularly powerful if you put your commitment in writing.

"Make vows to the Lord your God and fulfill them." Ps. 76:11

STEP FOUR: _____.

Never allow an exception until the new habit is securely rooted in your life. Each lapse will be fatal. A single slip unwinds many turns at first. Continuity and success at the start is essential. Never be swayed by "just this once". The act of yielding weakens the will and reinforces your lack of self-control. It takes 3 weeks to become comfortable with a new habit and it takes another 3 to 4 weeks (doing it daily) for it to become a part of your life.

IT TAKES _____ TO _____ REPETITIONS TO LEARN SOMETHING!

STEP FIVE: _____.

Whenever you feel the slightest urge or prompting to practice this new habit - DO IT THEN! Don't wait. Seize every opportunity to reinforce your habit. Those feelings will not last, so whenever you feel inclined to perform your new habit, do so!

STEP SIX: _____.

Get a partner who will support you and encourage you. Find someone who is willing to hold you accountable and check up on you especially in the early days before the habit is firmly rooted in your life.

"Let us consider and give attentive, continuous care to watching over each other, studying how we may stir up and stimulate each other to ... helpful deeds and noble activities." Heb. 1:25

"Two are better off than one, because together they can work more effectively. If one of them falls down, the other can help him up." Eccl. 4:9-10

STEP SEVEN: _____.

Rely on God's power to help you establish the habit. Remember, Satan does not want you to develop habits that help you grow spiritually and make you like Christ so he will do all he can to tempt you, cause you to slip, or discourage you.

Pray!

*"For the Spirit of God has given us ... fills us with power, love, and **self-control**."* 2 Tim. 1:7

*"For it is God who is at work within you, giving you **the will and the power** to achieve his purpose."*
_____ Phil. 2:13